# FernUni Menu

Week 21: 19.05.2025 - 23.05.2025

#### **Weekly Special**

Chicken Schnitzel Topped with Tomato & Onions, Baked with Mozzarella, Served with Spaghetti (on Friday: Buttered Noodles) & Pomodoro Sauce + 2 Sides

#### Vegetarian Weekly Special

Veggie Schnitzel Topped with Tomato & Onions, Baked with Mozzarella, Served with Spaghetti (on Friday: Buttered Noodles) & Pomodoro Sauce + 2 Sides

## Monday, May 19

Meal 1: Pork Steak with Fried Potatoes, Onion Sauce & Fried Egg, Served with Coleslaw + 1 Side

Meal 2: Stuffed Cabbage Roll with Bacon Sauce & Boiled Potatoes + 1 Side Vegetarian Option: Sweetheart Cabbage with Veggie Meatball + 2 Sides Vegan Option: Spinach and Chickpea Curry with Spiced Rice + 2 Sides

### Tuesday, May 20

Meal 1: Beef Roast with Rosemary Sauce, Broccoli & Potatoes + 1 Side

Meal 2: Savoy Cabbage with Bratwurst Sausage + 1 Side

Vegetarian Option: Arugula and Sweet Potato Patty with Vegetables, Cream Sauce & Potatoes

au Gratin + 2 Sides

Vegan Option: Warm Wrap with Mixed Lettuce, Zucchini, Eggplant, Bell Pepper & Vegan

Cream, Served with Potato Wedges + 2 Sides

## Wednesday, May 21

Meal 1: Sautéed Turkey Strips with Swabian Egg Noodles + 2 Sides

Meal 2: Meatball with Gravy, Cauliflower & Boiled Potatoes + 1 Side

**Vegetarian Option:** Spring Roll with Asian Veggie Rice & Sweet and Sour Sauce + 2 Sides **Vegan Option:** Crispy Breaded Spinach Patty with Veggie Couscous Stir-Fry & Tomato Sauce

+ 2 Sides

## Thursday, May 22

Meal 1: Pork Roast with Gravy, Stir-Fried Vegetables & Potato Wedges + 1 Side

Meal 2: Potato Pancakes with Chunky Applesauce + 1 Side

Vegetarian Option: Gnocchi with Fresh Garlic, Spinach & Cream Sauce + 2 Sides

Vegan Option: Chili Sin Carne with Lentils, Tomatoes, Corn & Beans, Served with Herb Rice + 2 Sides

#### Friday, May 23

**Meal 1:** Hake in Breadcrumbs or Egg with Parsley Potatoes & Choice of Mustard Sauce or Herb Sauce + 2 Sides

Meal 2: Fish Fillet with Rice & Tomato Herb Sauce + 2 Sides

Vegetarian Option: Champignon Stir-Fry with Green Beans & Potato Noodles + 2 Sides

Vegan Option: Pearl Barley Stew with Veggie Balls + 2 Sides

Menu items are subject to change.