

FernUni Menu

20.10.2025 – 24.10.2025

Week 43	Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Special	Pumpkin Pasta with Feta Cheese + 2 Sides	Pumpkin Pasta with Feta Cheese + 2 Sides	Pumpkin Pasta with Feta Cheese + 2 Sides	Pumpkin Pasta with Feta Cheese + 2 Sides	Pumpkin Pasta with Feta Cheese + 2 Sides
Meal 1	Chicken Breast with Broccoli, Potato Rösti & Sauce	Sautéed Turkey Strips with Mushrooms & Swabian Egg Pasta	Roast Turkey with Herb Rice + 2 Sides	Pork Roast with Braised Cabbage, Bread Dumplings & Gravy	Pollack in Breadcrumbs or Egg with Parsley Potatoes & Choice of Mustard Sauce or Lemon Sauce + 2 Sides
Meal 2	Stir-Fried Carrots with a Meatball + 1 Side	Bell Pepper Stuffed with Ground Meat, Served with Paprika Cream Sauce & Boiled Potatoes + 1 Side	Kale with Fried Potatoes & Mettwurst Sausage + 1 Side	Tortilla with Ham, Onions, Potatoes & Tomato Sauce + 2 Sides	Chicken Stew with Hearty Garnish, Served with a Bread Roll
Vegetarian Option	Macaroni and Vegetable Casserole with Cream Sauce, Baked with Cheese + 2 Sides	Veggie Meatball with Cream Sauce, Braised Onions, Fried Egg & Mashed Potatoes + 2 Sides	Königsberger Vegetable and Soy Balls with Caper Sauce, Herb Potatoes & Beets + 1 Side	Pink Pasta with Pink Sauce & Marinated Mozzarella + 2 Sides	Parsnip and Turnip Fritters with Herb Sour Cream + 2 Sides
Vegan Option	Carrot Dog (Vegan Hot Dog) with Onions, Pickles & Braised Cabbage, Served with French Fries & Chickpea Mustard + 2 Sides	Falafel Pita Pocket with Guacamole & Mixed Lettuce + 2 Sides	Burger Topped with Fried Vegetables, Spicy Sauce, Tomato, Pickles & Lettuce, Served with Potato Wedges + 2 Sides	Spicy Cauliflower with Rice & Barbecue Sauce + 2 Sides	Rice Noodles with Grilled Vegetables & Spicy Sauce

Menu items are subject to change.