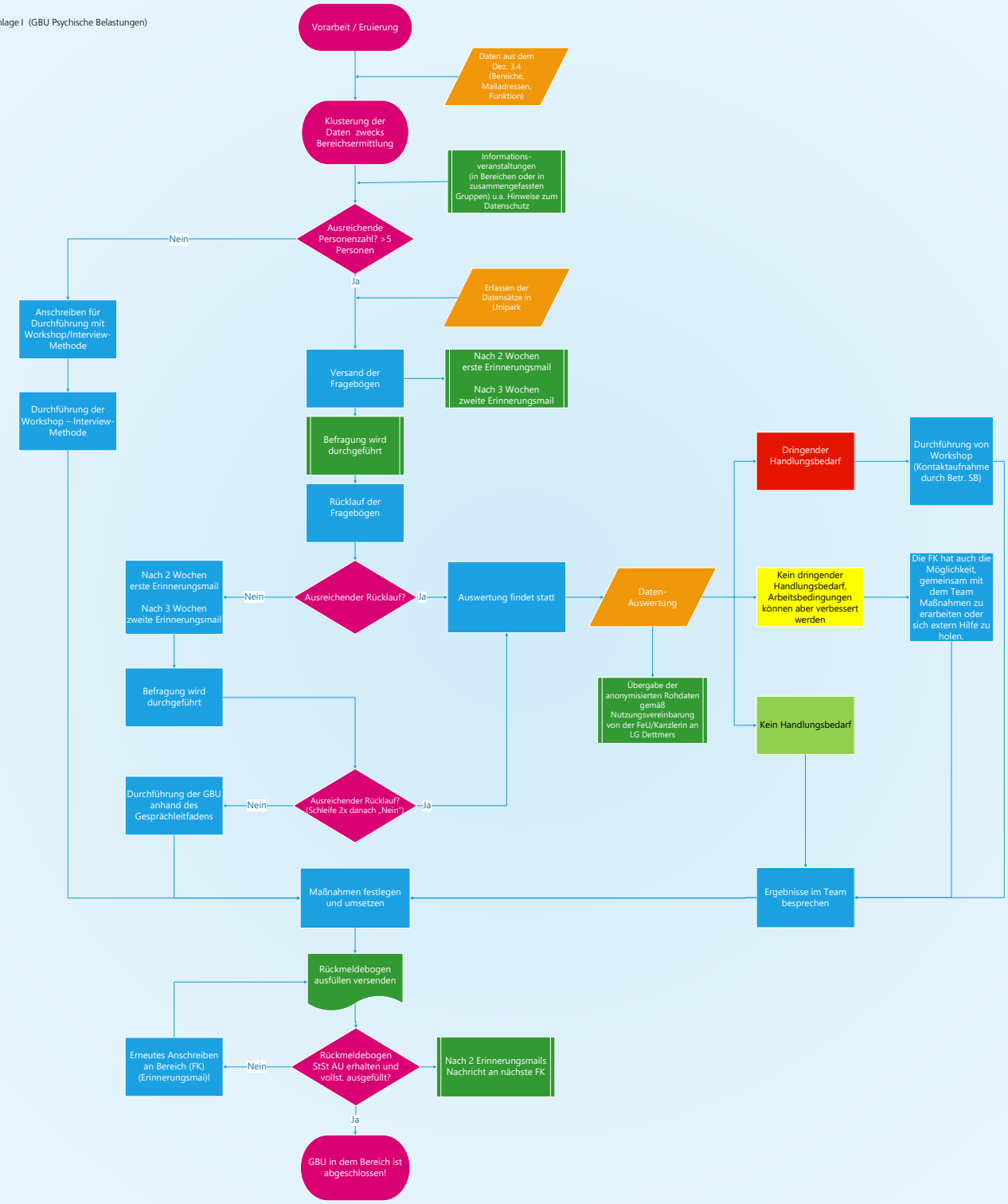Anlage I (GBU Psychische Belastungen)